

STAYCATION BIBLE SCHOOL 2020



Feet that follow:

"Awesome are YOUR
feet! They carry God's
love wherever you go!"

The Presbyterian
OUTLOOK

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Day 1: Jesus travels to the lake JESUS CALLS THE DISCIPLES

Scripture reference: Matthew 4:18-22

Theme verse: Matthew 4:19

"And he said to them, follow me and I will make you fish for people."

Catch phrase: *Awesome are your feet ... they FOLLOW Jesus!*

Lesson goal and objectives:

Your family will discover what it means to be a disciple of Jesus and explore the following questions together.

- What does it mean to be a disciple?
- How can we follow Jesus when we are limited with where we can go?
- What does discipleship look like when we stay close to home?

Pack your bag

Your supply list for today is:

- ☐ A candle
- ☐ Flat Jesus
- ☐ Theme verse coloring page (p. 16)
- ☐ Your Bible/Storybook Bible
- ☐ Pictures of biblical people traveling (*you may find these in your Bible, or you can do an internet search for images or visit freebibleimages.org*)
- ☐ Chalk
- ☐ A way to play/listen to music
- ☐ Materials to make a Flat Jesus journal (see p. 8)
- ☐ Materials for the Bible story response (see p. 7)
- ☐ Arts and crafts supplies (see pp. 8-10)
- ☐ Science supplies (see pp. 10-11)

daily supply list





OUR JOURNEY BEGINS

Gathering activity and theme exploration

Wow! It's our first day of Staycation Bible School. Find a quiet spot to gather together as a family and don't forget to bring Flat Jesus along! If you have not prepared your Flat Jesus, use this time to create your Flat Jesus.



1. Light a candle to represent the light of Christ present with you.



2. Share one thing you hope to learn this week!



3. Learn/sing a "car tune" together. Choose a song from the list online at pres-outlook.org/cartunes and sing it together. If you don't know it, look up the words and learn a new song.



4. Say a prayer together.

Scan in your Spotify app to go directly to the playlist!



Opening prayer

God of walking and running, skipping and hopping, we are excited to go on this journey. Be with us today as we learn about Jesus. Help us to be patient with one another as we learn and lead together as a family. Open our eyes and our ears to the ways that we can be a follower of Jesus. Amen.



OPENING ACTIVITY

"I'm going on a journey"

This gathering game can be played with as little as two people and with as many people as you have gathered. It's all about taking turns. There are suggested options below that might work better for your family.

- Choose a person to start. This person says, **"I'm going on a journey and I am going to bring _____"** (and name an item that begins with the letter A).
- The next person says, **"I'm going on a journey and I am going to bring (item A) and _____"** (an item that begins with the letter B).
- The next person continues, **"I'm going on a journey and I am going to bring (item A), (item B) and _____"** (an item that begins with the letter C).
- **Continue the game** and see if you can think of items A-Z!

Option 1:

The alphabet might be harder for preschool children and early elementary school children. Just **think of items** and see how long you can play together.

Option 2:

If you have a mix of younger and older kids, **make the older children follow the alphabet** and allow the younger children to just name an item they are thinking of.

Option 3:

See how many items you can think of using one letter. Don't switch to another letter until someone is stumped. Keep a record of how many items you come up with for each letter.

Option 4:

Change the category.

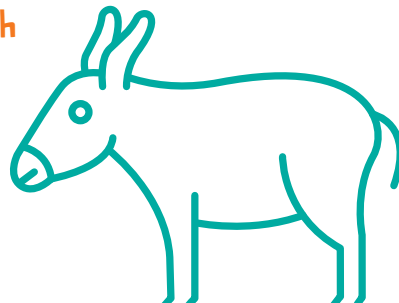
- ♦ **Family and friends** (I'm going on a journey and I am going to bring my friend ____)
- ♦ **Food** (I'm going on a journey and I am going to eat _____)
- ♦ **Activity** (I'm going on a journey and I am going to play _____)



EXPLORE THE THEME

Travel guide note: Let's think for a moment! Just how did people in the Bible travel? The most common way to travel was walking, it was also the most affordable. People also traveled on donkeys (remember a mother named Mary), horses and camels. There was also water travel, using boats to go across lakes and down rivers. In this opening time you will explore together how people traveled in biblical times. Wonder and imagine with your family what it might have been like to travel like Jesus.

This week we are going
on a journey through
the New Testament
and will explore some
of the places where
Jesus traveled.





Discussion questions:

1. How do you think people traveled in Jesus' time?
2. Let's look through our story Bible and see if we can find some clues. Look through the Old Testament and New Testament stories and see if you can find pictures of people traveling. See what clues you can find from the pictures.
3. Explore some of the ways that you could travel in biblical times. Compare and contrast them. Is one way of traveling better than another?
4. We travel in very different ways. How would our life be different if we could only walk places? When you travel by walking you can only go so far because it takes a long time to get from one place to another. We have been very limited on how far we can travel during the time of COVID-19. Choose a destination that you would like to travel to. How many "feet" do you think it would take to get to that place?
5. Would you rather travel by foot or travel by camel? Why?



Find your Bible verse coloring sheet. (The theme verse coloring sheet is on page 16.)
Read the Scripture verse together.

Theme Verse: Isaiah 52:7 (From the Message)

*How beautiful on the mountains
are the feet of the messenger bringing good news,
Breaking the news that all's well,
proclaiming good times, announcing salvation,
telling Zion, "Your God reigns!"*

Focus on the phrase

"How beautiful on the mountains are the feet of the messenger bringing good news."



Wonder together:

- Who is this messenger?
- What good news is the messenger bringing?

Could that messenger be Jesus? Could the messenger be a prophet? Could the messenger be you or me? Maybe it is yes to all! Jesus does bring us good news! He traveled from town to town teaching, preaching and healing. He taught people about God and God's love for all of us. Today we are going to hear the story of how he called the disciples and asked them to travel with him. We are going to explore how our feet can follow Jesus too.



Write your names somewhere inside the feet, remembering that you are a disciple of Jesus and a messenger of God's good news!

Let's say our theme phrase together:

"Awesome are your FEET ... they FOLLOW Jesus!"



Color and decorate your day 1 theme phrase coloring page.

Today's theme is about following. Can you decorate/color the foot by creating a flip flop, shoe, or sandal? Hang it up and use it to decorate your Staycation Bible School space.

LEARNING ALONG THE WAY — EXPLORING THE STORY



Read: Explore the story of Jesus calling the disciples.

You can find it in **Matthew 4:18-22, Mark 1:16-34 and Luke 5:1-11.**

Option 1 (*Especially good for older elementary children*)

The story of Jesus calling his disciples can be found in Matthew, Mark and Luke. Read the story in all three Gospels. Compare and contrast the stories. In what ways are the stories similar? In what ways are the stories different? Do you notice differences in words used in each version?

Option 2 (*Especially good for younger elementary children and pre-readers*)

Find the story in your story Bible. Before you read the story, look at the pictures and wonder together what you think the story might be about. Here are some guiding questions you could ask: Can you find Jesus in the picture? Who do you think the other people in the picture are? What do you think might be happening in our story today?



Reflect

1. In our story today, where did Jesus travel? What was happening there when he arrived?
2. Spend some time talking about fishing. What does a fisherman do? Wonder together why being a fisherman might have been an important job in Bible times. Do you think it was hard work? Do you think it was important to get a lot of fish? Why?
3. Jesus called out to the men who were fishing. He told them if they followed him, they could fish for something else. Who does Jesus say they can fish for?
4. He says they will fish for people. That is a very funny thought! Imagine what fishing for people might look like. I wonder what Jesus means when he says they will "fish for people."
5. The Bible tells us that the fishermen "immediately" dropped their nets and left their boats to follow Jesus. Could you do that?

6. These fishermen became Jesus' disciples. A disciple is someone who learns from Jesus' teaching and chooses to follow Jesus. We are people who are learning about Jesus and making a choice to follow his ways.
7. Think about this. Being a disciple of Jesus is ACTIVE. Just like walking or running. Make a list together of the ways you and your family can be a disciple and follow Jesus.
8. If fishing for people means finding a way to invite someone to join you as you learn about Jesus, what is one way you could be a "fisher of people"?

Respond

Now that you have read the story and reflected on what it means, give your children an opportunity to respond to the story in a creative way. Every child has different way of processing and responding. You will be surprised at their creativity.



- **Response 1: Build the story.** Using Legos, Duplos, Magna-Tiles or blocks (or whatever building material you might have), use your imagination and build the story.



- **Response 2: Act out the story.** Recreate it and use costumes and props. Be creative with what you have in your house. Could you recreate a boat? What might you use for nets?



- **Response 3: Create the story.** Use markers or crayons, play dough or paint! Create the story artistically.

CONNECTION POINT: Document how you respond to the story. Take a picture or make a video. Share your response with your church and with your travel buddy.



REST STOP

On every trip it's nice to take a break and eat a snack. Choose a time each day when you can rest and refuel. Listen to some "car tunes" as you eat.

Today's snack suggestion: Goldfish crackers or make a trail mix (a perfect snack for along the way AND you need to follow directions to make it.)



BREAK TIME — LET'S GET UP AND MOVE

Presbyterians LOVE energizers! You can find some fun ones on YouTube. Here is a list of a few theme-related energizers you can find at: pres-outlook.org/energizers.

- Dance to this fun song, **"The Goldfish (Let's Go Swimming)"** by The Laurie Berkner Band (*great for younger children*)
- **"Poppin' Bubbles"** from GoNoodle
- Have fun with this camp favorite: **"Boom Chicka Boom"** from GoNoodle
- A song/energizer about following Jesus — **"I'll Follow Jesus"**

TODAY'S DAILY SIDE TRIPS



EXCURSION 1: Arts and crafts

Make a "Where in the World is Flat Jesus?" journal (*You will use this all week*)

Choose how you will make your journal. Will you use typing paper and construction paper and staple them together? Perhaps you have a blank book or journal to use. *Make sure you have at least 15 pages for journal entries.*

1. Put your journal together.
2. Decorate your cover.
3. Set your journal aside and be ready to add to it throughout the week.
4. Later today you are going to do an activity with Flat Jesus. One of the recommendations is to take a picture of you with Flat Jesus doing the challenge. Either at the end of the week, or each day, write in your journal where you took Flat Jesus and how you did the challenge. Add pictures if you have them.
5. You will also use this journal to record what you are learning about mission workers around the world.

CONNECTION POINT: **Share your journals with your church.** When you are able to gather together, create a display. How cool will it be to see where you journeyed during Staycation Bible School!

OPTION: **Create a digital journal.** By doing this, you can share with each other digitally at the end of the week.

Option 1 (especially for younger children)

Fish puppet

You will need a piece of construction paper, scissors, items to color with, a Popsicle stick and anything else you want to decorate your project.

1. **Trace your child's feet on the construction paper and cut them out.** This is the body of your fish. The heel is the face and the toes are the fins.
 - **(Messy option)** Instead of tracing the fish, **use paint** on your child's feet and **stamp the fish body.**
2. Allow your child to **decorate the fish** however they want.
3. **Attach the Popsicle stick to the back of the fish.** Now you have a puppet!

Option 2 (for any age)

Flip-flop follow banner

You will need construction paper or a piece of card stock for each person, markers/pens, pipe cleaners, buttons and beads and a piece of yarn or string if you want to make a banner.

1. **Trace each person's feet on the card stock.** You are making a pair of flip flops, so you will want to **do the right foot and left foot.**
2. **Cut them out.** Remember your reflection time. Write or draw on your flip-flops the ways that you and your family are going to follow Jesus. Remember being a disciple of Jesus is active! Just like walking or hiking.
3. **Put three holes near the toe area** (this is where the "thong" will be). They should make a triangle. (See picture.)
4. **Thread the pipe cleaner** from behind the shoe. Pull one end through hole A and the other end through hole B.
5. Use the beads and buttons to **decorate and add charms** to your shoe.
6. When you are done decorating, **take both ends and thread through hole C, securing the pipe cleaners in the back.**



FOR FUN: Create a "shoe banner." Using yarn, string or ribbon, create a Following Jesus Flip-Flop Banner.

CONNECTION POINT: Save your flip-flop banner and take it back to your church. String them together and use them in worship, in a worship video, on Facebook Live, or to decorate your Sunday school/children's ministry area when you gather together again.

Option 3 (to use for game playing)

Fishy beanbag

You will need old socks, balloons, play dough, a rubber band, a googly eye, button or marker.

1. This is a great way to use up those old socks that don't match. **Find as many socks as you would like to make fish.**
2. **Fill a balloon with play dough.** (If you have a latex allergy you could use a zip-lock bag.) Once the balloon has some play dough in it, tie it tight.
3. Take the sock and **in the "heel area" choose a place to put an eye (or eyes).** It could be drawn on with a marker, a googly eye glued on or a button sewed on.
4. **Place the balloon with filler in the sock, tie the end, and make fancy fins.**
5. You now have a "fishy beanbag" to play games with.

Option 4

Beaded fish

You will need pipe cleaners (as many as you would like) and plastic pony beads.

1. **Bead the pony beads onto a pipe cleaner.** When you are ready, **shape it into a Jesus fish pattern** (see picture below) and **secure the beads on the end.**
2. **Make as many as you like.** You could use these fish for your science and discovery time.



EXCURSION 2: Science and discovery

Today's science and discovery challenge is to **EXPLORE FISH AND FISHING.** Here are some suggestions:

1. If you are able, **go fishing.** It doesn't have to be real fishing. Be creative and invent your own way to fish at home.
2. **Visit an aquarium.** Many aquariums around the United States are offering virtual field trips. Explore the website of an aquarium you have always wanted to visit.

3. **Make blue play dough together.** Use this time to talk about “following.”

- What does it mean to follow?
- We are making this play dough by “following” directions.
- What if we didn’t follow the directions? What might happen?

Blue play dough

- ☐ 1 cup flour
- ☐ 1/2 cup salt
- ☐ 2 tsp. cream of tartar
- ☐ 1 cup water
- ☐ 1 tsp. vegetable oil
- ☐ Blue food coloring

Directions: Mix the dry ingredients in a saucepan. Add the wet ingredients. Turn on medium high heat and stir constantly. The liquid will become a solid. When it forms dough, take it off of the heat and knead it. Be careful! It is very hot at first! Give it a chance to cool down.

Keep this play dough! You will use it later in the week. In order to keep it soft, wrap it in saran wrap and then store it in an air-tight container.



EXCURSION 3: Stretch your legs (games and play)

There are lots of options to get up and play! Whether you choose one or choose them all, there is lots of fun to be had.

Option 1: Flat Jesus challenge

Take a walk around your neighborhood. Bring Flat Jesus along with you. Choose a family in your neighborhood that you would like to invite to join you on your walk. Tell them about Flat Jesus and Staycation Bible School. If you are able, take a picture with you, your neighbor and Flat Jesus.

CONNECTION POINT: Share your Flat Jesus pictures with your church family.

Option 2: Make a chalk obstacle course.

You can make one on your driveway or surprise a friend in the neighborhood. There are many examples of chalk obstacle courses on the internet.

Option 3: Play with your fishy beanbag.

- Toss them to each other.
- Find a bucket. Stand at a distance and throw the fish into the bucket.
- Play “wiggle fish” — it’s just like hot potato.
 - Play music and pass it back and forth.
 - Instead of being “out” when you are caught holding the fish, wiggle like a fish.
 - Make up a challenge (*Example:* This time you have to stand on one leg while passing the fish back and forth.)

Option 4: Freeze dance:

Today is all about listening to the call to follow. Can we follow the directions and “freeze” when the music pauses? Choose a car tune or your family’s favorite “travel song.” Dance away.



WHERE IN THE WORLD IS FLAT JESUS??

Let’s explore where people are sharing the love of Jesus around the world. Did you know the Presbyterian Church (U.S.A.) sends mission co-workers all around the world to share Jesus’ love with other people?

According to the PC(USA) website: *“Presbyterians do mission in partnership. In more than 50 countries around the world, we partner with local churches and faith communities bound by our fundamental unity in our Lord Jesus, bringing together U.S. congregations and mid councils with our brother and sisters in Christ around the world.”*

Today, explore with your family some of the people who have been called to follow Jesus around the world and learn about some of the places they are living. On the PC(USA) Mission Agency website, you can look up all the people who are serving as mission co-workers, where they are serving and what they are doing to share the love of Jesus with others. You can find the information here:

presbyterianmission.org/ministries/mission-connections

Every day you will choose a mission co-worker that you would like to learn more about and who you will pray for. Once you have picked your mission co-worker for the day, spend some time learning about where they live.



You will need your “Where in the world is Flat Jesus?” journal. **Each day add a little something to your journal.** Here are some suggestions:

- If you have a world map, hang it up in your Staycation Bible School space. Find the place where your mission co-worker lives. Mark it with a footprint (you could draw a foot on a sticky note) or take a picture of Flat Jesus pointing to where the mission worker lives. Put a copy of the picture in your journal and write a prayer for your chosen mission worker.
- Draw a picture of Flat Jesus and your interpretation of the place where your mission co-worker lives in your journal.
- Write a prayer for the mission co-worker in your journal.

CONNECTION POINT: Share your journal with your travel buddy. Share your journal with your church. When you are able to gather again, set up a table and display your Flat Jesus journals. It will be fun to see the different mission workers you learned about and prayed for during Staycation Bible School and the places where you took Flat Jesus during your week.



Travel buddy time

Who has your family picked as your travel buddy along the way? **Take some time today to connect with them.** Share together:

1. The story you learned today and one thing you learned about the story.
2. Show them Flat Jesus and tell them about your Flat Jesus. Encourage your Travel Buddy to make their own Flat Jesus. Share with them where you took Flat Jesus today. Challenge them to take their Flat Jesus somewhere in their neighborhood and invite a friend or neighbor to take a walk with them.
3. Tell them about the mission co-worker you learned about.
4. Play “I’m going on a journey” with your travel buddy.



Make your mark

Think about footprints! What happens if it’s a rainy day and you step in a large mud puddle? Or think about walking barefoot on the beach. Remember a snowy day? What happens when you walk through the snow for the first time? Our feet make marks or imprints wherever we go. Sometimes we see our footprint (in the mud, in the sand, in the snow) and sometimes we don’t.

We can make a mark in our world. As disciples of Jesus we are called to be active and share God’s love wherever we are (even if we are limited to staying close to home). In what ways can your family be disciples and share God’s love without traveling very far?

Play “Make your Mark” Bingo this week! Choose from the different activities on the “Make your Mark” Bingo sheet (p. 16) and when you complete them, make a mark! If an activity doesn’t work for your family or situation, pick one that works for you!

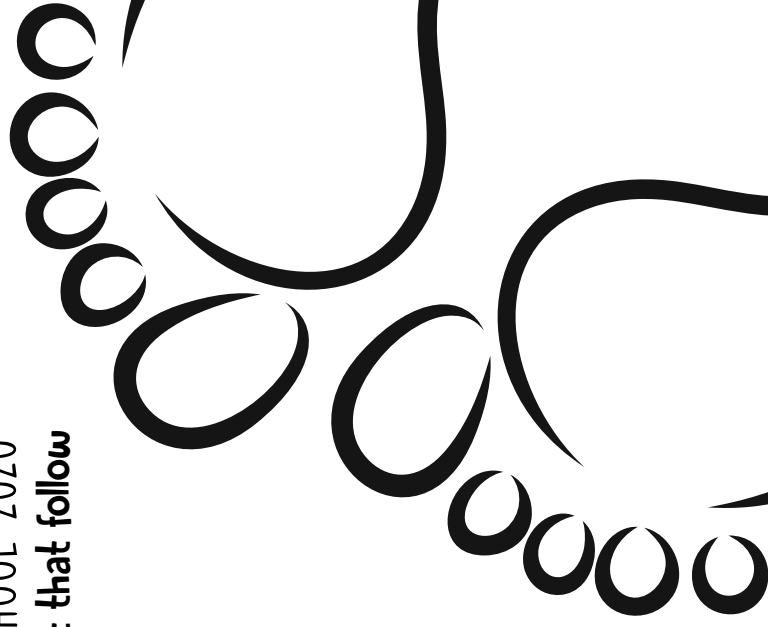


OUR JOURNEY COMES TO A CLOSE

Wow! Your first day of Staycation Bible has come to an end. Find a quiet spot to gather together as a family — but don’t forget to bring Flat Jesus along!

- Light a candle to represent the light of Christ present with you.
- Share with each other a joy you had on your journey.
- Share with each other a “roadblock” you have had along the way.
- Share an “aha!” What is something new you learned?
- Sing a favorite car tune together.
- Pray using this closing benediction. You can say it together.

We thank you, Jesus, for this day!
As we followed you along the way.
We will travel day and night,
To follow you and share your light!
Help us journey far and near,
To share God’s love, with all who hear.
Amen.



**AWESOME
ARE YOUR
FEET...
THEY
FOLLOW
JESUS!**

How beautiful
on the mountains,
are the feet of the messenger
bringing good news,

Awesome are your Feet...

Breaking the
news that all's well,
proclaiming good
times, announcing
salvation, telling Zion,
"Your God reigns"

Isaiah 52:7
The Message


**...they carry God's love
wherever you go!**

≡ STAYCATION BIBLE SCHOOL ≡

Feet that follow

MAKE YOUR MARK BINGO

Mission and service ideas

Play **MAKE YOUR MARK BINGO** throughout the week. Draw a footprint  on an activity as you complete it. Try to fill in the whole board!

B	I	N	G	O
Make a card and mail it to a friend.	Learn about a mission your church cares about. Find a way you can be part of it.	Send a friend a surprise care package.	Check out this organization: colorasmile.org and color a picture (or more).	Make a bird feeder and feed the birds.
Choose your own project. Share your plan with your travel buddy.	Bake something and share it with a neighbor.	Surprise someone with flowers.	Zoom or Facetime someone who needs a friend.	Write a prayer for someone. Share the prayer with them and let them know that you are praying for them.
Donate books and toys you no longer use.	Read to someone.	FREE SPACE	Spread good news with sidewalk chalk messages.	Learn about an organization in your town that helps feed the hungry. Find out how you can help them.
Paint rocks with encouraging words of hope. Place them where an essential worker can see them.	Make a card for a child in the hospital. cardsforhospitalizedkids.com	Do a drive-by! Reach out to someone in your church who is lonely and drive by their house.	Send a virtual postcard to a service member. operationgratitude.com	Learn about Soles4Souls. soles4souls.org Collect shoes to donate.
Make dog/cat toys or treats to donate to your local shelter.	Help a neighbor with yard work.	Write a thank you letter to someone who has shared the love of Jesus with you.	Make a card and send a care package to your local hospital.	Pick a project that you and your travel buddy can do "together."

Day 2: Jesus travels on a boat

JESUS WALKS ON WATER

Scripture reference: Matthew 14:22-33

Theme verse:

"But immediately Jesus spoke to them and said, 'take heart, it is I, do not be afraid.'"

Catch phrase: *Awesome are your feet ... they TRUST Jesus!*

Lesson goal and objectives:

Your family will discover that sometimes even disciples struggle with their faith and have a hard time following Jesus. Today your family will explore:

- Stormy and difficult times that we have experienced.
- The ways that Jesus shows up in the middle of our storms.
- How we have found hope during this time of COVID-19.
- Where it has been hard to get out of the boat and walk on water.

Pack your bag

Your supply list for today is:

daily supply list



- | | |
|--|---|
| <input type="checkbox"/> A candle | <input type="checkbox"/> Snack materials: 2 zip-lock bags (large and small), sugar, vanilla extract, milk, ice, rock salt |
| <input type="checkbox"/> Flat Jesus | <input type="checkbox"/> Arts and crafts supplies (see pp. 24-25) |
| <input type="checkbox"/> Theme verse coloring page (p. 16) and catch phrase coloring page (p. 30) | <input type="checkbox"/> Science supplies (see pp. 26-27) |
| <input type="checkbox"/> Your Bible/Storybook Bible | <input type="checkbox"/> Bowls/buckets for water play |
| <input type="checkbox"/> Images of Jesus calming the storm or walking on water (you may find these in your children's Bible, or you can do an internet search for images or visit freebibleimages.org) | <input type="checkbox"/> Anything you might want to use for outdoor water play |
| <input type="checkbox"/> Materials for the Bible story response (see p. 22) | <input type="checkbox"/> Dice |
| | <input type="checkbox"/> A way to play/listen to music |
| | <input type="checkbox"/> Flat Jesus journal |



OUR JOURNEY BEGINS

Gathering activity and theme exploration

Hurray! It's another day! Gather together in your Staycation Bible School space. Don't forget to bring Flat Jesus.



1. Light a candle to represent the light of Christ present with you.



2. Share a hope you have for day today!



3. Learn/sing a "car tune" together. Choose a song from the list at pres-outlook.org/cartunes and sing it together. If you don't know it, look up the words and teach each other a new song.



4. Say a prayer together.

Scan in your Spotify app to go directly to the playlist!



Opening prayer

God of water and storms, guide us as we learn today. Help us to find joy as we play with water and comfort us as we explore the storms of our lives. We are thankful for this journey as we learn about following you. We know that sometimes we struggle to have the faith to get out of the boat to walk on the water. We are grateful for Jesus' hand reaching towards us to help us have faith to get out of the boat. Amen.



OPENING ACTIVITY

"Would you rather?"

This is a fun game of choices. Kids of all ages can do this. Begin by leading the choices and then encourage your travelers to come up with their own. As you all share your answers, ask follow-up questions to see why others chose the choice they did.

A fun alternative is to copy each "Would you rather?" on a piece of paper and put them in a container. Take turns pulling them out and asking them.

- Would you rather go to the zoo or to the park?
- Would you rather go to the beach or the mountains?
- Would you rather ride a donkey or a camel?
- Would you rather travel by boat or travel by plane?
- Would you rather visit a family member or a friend?
- Would you rather visit someplace hot or someplace cold?
- Would you rather ride a bike or scooter?
- Would you rather go shopping or watch a movie?
- Would you rather eat pizza or eat hamburgers?
- Would you rather a sunny day or a rainy day?
- Make up your own.

EXPLORE TODAY'S BIBLE VERSE AND THEME PHRASE

Find your Bible verse coloring sheet. (The theme verse coloring sheet is on page 16.)
Read the Scripture verse together.



Theme verse: Isaiah 52:7 (From the Message)

*How beautiful on the mountains
are the feet of the messenger bringing good news,
Breaking the news that all's well,
proclaiming good times, announcing salvation,
telling Zion, "Your God reigns!"*

Let's take a look at the beginning of this verse:

"How beautiful on the mountains."

The mountains are just one place where you can travel to and share God's love. **Make a list of all the places you could go and be a messenger of God's love.** Then **rewrite the first half of the verse** as many times as you would like.

For example:

How beautiful at the beach, are the feet of the messenger bringing good news!

Today you are going to start adding to your theme verse coloring sheet.

Today, add all the places you brainstormed that you could travel to and share God's love. Write or draw those places on the **outside** of the feet.

Let's say our theme phrase together:

Awesome are your FEET ... they TRUST Jesus!



Talk about what the word TRUST means.

- I wonder, what does the word trust mean?
- Who do you trust? Why do you trust that person?
- Is it possible to stop trusting a person?
- What are some characteristics of a trustworthy person?
- I wonder how we know that we can trust Jesus?



Color and decorate your Day 2 coloring page.

Our theme today is all about water and storms. Can you create a "stormy" sea in the feet? Hang it up and use it to decorate your Staycation Bible School space.

LEARNING ALONG THE WAY — EXPLORING THE STORY



Read: Explore the story of Jesus calming a storm and walking on water.

Matthew 14:22-33 and Mark 6:45-51 (You can also find storm stories in **Mark 4:35-41, Luke 8:22-25 and Matthew 8:23-27.**)

The story we are focusing on today includes Jesus walking on water, but it is fun to explore the places in the Bible where a similar story shows up.

***Travel guide note:** You can find many images online for the story of Jesus calming the storm. Google “Jesus calming the storm” and “Jesus walks on water.” Use those pictures as your visual for today. Many of the children’s storybook Bibles have Jesus calming the storm, but they do not have the story of Jesus walking on water. (You can find it in the “Spark Story Bible.”)*

Begin your time together looking at pictures and illustrations of the story. Wonder together what you think the story might be about. Can you find Jesus in the picture? Can you find the disciples? After you look at the pictures, read the story in Matthew 14:22-33 from your Bible.

If you want to dig deeper with older children, find the other storm stories in your Bible. Read them together. Discuss how they are different and how they are the same. Wonder together why this story is told in all three Gospels. (Many stories are not found in all three Gospels.)



Reflect

1. When the story began, where was Jesus? Where were the disciples? Why does this matter? (Jesus was outside the boat, the disciples were in the boat. Jesus wasn’t with the disciples in the boat like he was in the other storm stories.)
2. If you were a disciple in that boat how would you feel in the middle of the storm? How do you think you would react when you saw someone walking on water toward you?
3. Do you think the disciples were surprised to see Jesus? Why do you think Peter doubted that it was Jesus even after Jesus said, “It is I, do not be afraid”?)
4. Let’s talk about storms. In the Bible storm stories represent difficult times, times when we are afraid, nervous or worried. Share together some times that have felt “stormy” for you and your family during this season of COVID-19. What about other times? As a parent or caregiver, are you willing to share a

time when you experienced a “storm” and you worried that Jesus wasn’t close by? (Note: This question might be harder for younger children, but a “storm” they might be able to identify is being scared of the dark, being nervous on the first day of school or with a new babysitter, or missing a friend).

5. Peter had faith and TRUSTED Jesus and got out of the boat and walked on water. But something happened. What happened? Why do you think Peter sank? (Did you notice the wind that distracted Peter? He lost his focus on Jesus.)
6. Where do we get distracted and lose sight of Jesus?
7. How did Jesus react when Peter started sinking?
8. I wonder, what does this tell you about Jesus and his love for us? Will we be left alone in the middle of a storm? Or is God there with us?
9. This story is about the power of God. The power to walk on water, the power to calm a storm, the power of God (through Jesus) to immediately catch Peter.
10. This is our HOPE! The power of God at work through difficult and stormy times. Where have you seen the power of God at work in this stormy season of COVID-19?

Respond

Now that you have read the story and reflected on what it means. Give your children an opportunity to respond to the story in a creative way. Every child has a different way of processing and responding. You will be surprised at their creativity.



- **Response 1: Build the story.** Using Legos, Duplos, Magna-Tiles or blocks (or whatever building material you might have), use your imagination and build the story.



- **Response 2: Act out the story.** Recreate it and use costumes and props. Be creative with what you have in your house. Could you recreate a boat? What might you use to make a storm?



- **Response 3: Create the story.** Use markers or crayons, play dough or paint! Create the story artistically.

CONNECTION POINT: Document how you respond to the story. Take a picture or make a video. Share your response with your church and with your travel buddy.



REST STOP

On every trip it's nice to take a break and eat a snack. Choose a time each day when you can rest and refuel. Listen to some "car tunes" as you eat.

Today's snack suggestion: Make ice cream in a bag.

You will need: 2 plastic bags (1 large and 1 small), 1/2 cup milk, 1 tablespoon sugar, 1 teaspoon vanilla extract, 6 tablespoon rock salt, ice.

To make:

1. Mix together the milk, sugar and vanilla extract in the small zip-lock bag. Seal it and make sure it is closed.
2. Fill the bigger bag with the ice and rock salt.
3. Place the small milk bag in the big ice bag. Seal it tightly.
4. Now shake it like a storm. Shake it really hard, but try not to pop it. (Warning: The bag gets really cold, so use a paper towel to protect hands if you need to.)
5. Shake it for about 5 minutes or until it is ice cream consistency.
6. Take the small bag out of the large one. Wipe it down slightly to get the salt off.
7. Enjoy your tasty treat!



BREAK TIME — LET'S GET UP AND MOVE

Presbyterians LOVE energizers! You can find some fun ones on YouTube.

Here are few theme-related energizers you can find at:

pres-outlook.org/energizers.

- **"Praise the Lord Everyday"** with Yancy
- Sometimes life can feel a little like a roller coaster: Ride the **"Roller Coaster"** with GoNoodle
- A song/energizer about following Jesus — **"I'll Follow Jesus"**

TODAY'S DAILY SIDE TRIPS



EXCURSION 1: Arts and crafts

Option 1 (especially for younger children)

Stormy sea

You will need a piece of white paper or card stock, a zip-lock bag, dark blue washable blue paint, light blue washable blue paint, (a third blue paint if you have it) and additional construction paper.

1. Put the **white piece of paper in the zip-lock bag.**
2. Put a **small amount of all the blue paints** you're using **on top of the white paper. Seal the bag.**
3. Let your child **spread the paint all around.** For fun, let them use their feet and see what kind of "waves" they can create.
4. When your child is done, **take the paper out** of the bag. **Let it dry.**
5. Later, **trace your child's foot on the extra paper. Glue it on the "water"** and **make a sail.** Now you have a boat in the middle of the storm.
 - **Alternative:** Just make a boat out of paper, and don't worry about the foot tracing.
 - **Messy alternative:** Forget the plastic bag and let your child paint with their fingers or their feet.

Option 2 (for any age)

"Stormy cards" (Note: This is messy, but a LOT of fun.)

You will need card stock, 2 pans (like a cookie sheet or 9x13 dish), shaving cream, food coloring, plastic knife, 2 spatulas or scrapers and paper towels.

1. **Spray the shaving cream** onto your cookie sheet or baking dish. **Spread it** all around (like it is frosting on a cake) so it fills the dish.
2. Next, take your **food coloring** and **add a few drops** onto the shaving cream. **Start with lighter colors first** and then add your darker colors.
3. **Take the plastic knife** and begin to have fun **making "waves" and swirls with the shaving cream and colors.** Try not to mix them too much!
4. Take your sheet of **cardstock** and **place it on top the colorful shaving cream. Press it down** into the shaving cream.
5. **Place the piece of paper on the second cookie sheet** or baking dish. With a second scraper, **scrape all the shaving cream off** the piece of paper. (It is helpful to have a large bowl nearby to put the extra shaving cream.)

6. **Let your paper dry.**
7. When it is all dry, you can **use the paper to make cards**. Be creative. Make notecards, create designs or cut them into postcard sizes.
8. Make as many “stormy cards” as you would like.

Option 3

Waxed paper feet – What would “walking on water” look like?

You will need old crayons (various shades of blue and white), waxed paper, iron, old tea towel and paper towel, scissors, a pencil sharpener, string (or yarn or embroidery floss) and a hole punch.

1. **Lay out a piece of waxed paper** (large enough to trace your child’s foot). Take your **crayons and make crayon shavings**. **Spread them out** all over the waxed paper.
2. Place a **second sheet of waxed paper on top**.
3. Place the **tea towel on top of the waxed paper** (you might want to put a paper towel on top too, to keep crayon shavings from melting on the iron) and iron the waxed paper on a low setting.
4. When the crayon shavings have **completely melted, you are done**.
5. **Once the waxed paper has cooled, trace your child’s foot** on top of the waxed paper. If you use a pen or pencil, retrace it with a marker.
6. **Cut the foot out** and **place a string or yarn through it** so you can hang it up.
7. You can **hang in a window for a “stained glass” look** and have a wonderful reminder to keep your “sight” on Jesus as you go through the storms of life.

Option 4

Pool noodle boats

You will need an old pool noodle, kitchen knife, foam craft sheets and straws.

1. Using a kitchen knife, **slice your pool noodle into approximately 1-inch slices**.
2. Using the point of your scissors, **poke a small hole for your straw in the middle** of the pool noodle discs.
3. **Cut your straws** to be about **3 inches tall**.
4. **Cut triangles** from your **foam sheets** about **2 inches tall**.
5. **Punch a hole** in the **top and bottom** of your **triangles**.
6. **Thread your straw through your holes**.
7. **Insert your straw into your hole** you created in the pool noodle.
8. You have a boat. Make as many as you would like. **Use your pool noodle boats when you play outside today**. Put them into a big container and “make storms.”



EXCURSION 2: Science and discovery

Today's science and discovery challenge is to **EXPLORE WALKING ON WATER** and **MAKING STORMS**. Both show the power of God in our world!

Option 1 *(for younger children)*

Walk on water... with play dough

1. Get your blue play dough from yesterday.
2. Spread it out and make "foot prints" in the water.
3. If you can't find a foot print stamp, you can use a small plastic cap and show how you can prints on the "water."

Option 2

Walk on water... with Oobleck

Have you ever tried to make a solid and a liquid? Scientifically you can, it is called a "non-Newtonian fluid" (also known as Oobleck). You will need cornstarch, water and a large dish/pan to make it in.

1. Put 2 cups cornstarch in your bowl.
2. Add 1 cup water.
3. Mix and play. Notice when it becomes like water. Pick it up and see how it becomes a solid.
4. Are you brave enough to use your feet and try to stand on it? What do you notice? Do you sink or do you float?

Option 3

Sink or float

Jesus seemed to float on water and Peter seemed to sink. Experiment with different items in your house and predict and observe: Will they sink or float?

You will need: A bowl of water, items for the experiment, the prediction chart.

Item	Prediction (sink or float)	Result

Option 4 Create a storm in a jar

These are sometimes called “**calm down**” jars. Truly they can be both. When life is feeling stormy, you can create a storm in your jar. As you focus on the storm “calming” down, you can reflect and refocus to keep your eyes on Jesus.

You will need: A container with a lid (plastic jar, water bottle), water, vegetable oil or baby oil, food coloring and glitter (if you are brave).

Directions:

1. Fill the jar with 3/4 full with water.
2. Fill the jar 1/4 full with the oil.
3. Add the food coloring and glitter.
4. Secure the top. (For extra security you can glue the top shut.)
5. Make a storm!



EXCURSION 3: Stretch your legs (games and play)

Option 1: Flat Jesus Challenge

Sometimes we don't know the storms that people are going through. Before you go on a walk today, make a sign with a word or picture of hope. As you go on your walk, find a place where you can hang your sign for your neighbors to see. Take a picture of you with your sign and Flat Jesus.

Option 1: Go on a heart hunt.

Create 10 hearts and hang them around your neighborhood. Communicate with your neighbors about the heart hunt. Share with them that the hearts are a sign of hope and love, especially if you are having a bad day. Take a picture with your hearts and Flat Jesus (maybe in one of the heart locations).

Option 3: Play with water!

Have a water day. Turn on a sprinkler. Fill up some buckets. Use your boats and make some storms.

Option 4: Roll 6 and SPLASH.

You will need a bucket of water and a die. Take turns rolling the die. Any time you get a 6, make a BIG splash in the water with your feet.

- **Variation 1:** Add two numbers (any time you roll a 1 and a 6).
- **Variation 2:** Instead of a splash, dump the bucket of water on your head.



WHERE IN THE WORLD IS FLAT JESUS??

Today you are going to explore the work of Presbyterian Disaster Assistance. PDA's motto is "Out of Chaos, Hope." Doesn't that sound like Jesus calming the storm? When there is a disaster anywhere in the world, the Presbyterian Disaster Assistance team is mobilized and goes to the disaster area to provide help physically and emotionally. One of the ways we help fund the Presbyterian Disaster Assistance is through our Easter special offering, One Great Hour of Sharing. (You might know this as the fish bank offering.)

You can **watch a video about Presbyterian Disaster Assistance** here: <https://pda.pcusa.org/pda/resource/video-what-is-pda/>

Spend some time as a family exploring the Presbyterian Disaster Assistance website (pda.pcusa.org). See if you can find the answers to these questions:

1. Name 4 places where PDA is currently responding.
2. Discover 3 types of disasters PDA responds to.
3. PDA says there are 3 ways you can help them do their work. What are the 3 ways?
4. As a family, choose one of the 3 ways to support PDA (Give, Act, Pray) and choose one of the ways your family wants help Presbyterian Disaster Assistance. There are many great suggestions as to how a family can respond without going on a big trip somewhere (but you might need to make a trip to the store to buy supplies!).

Instead of choosing a mission co-worker today, **choose a place that PDA is currently helping.** Take some time to **learn about the work that is being done in that area.**



Get your "Where in the world is Flat Jesus?" journal. **Add something to your journal today about Presbyterian Disaster Assistance.**

- If you have a world map, hang it up in your Staycation Bible School space. Find the place where PDA is responding and mark it with a footprint (you could draw a foot on a sticky note) or take a picture of Flat Jesus pointing to the area. Put a copy of the picture in your journal and write a prayer for your chosen mission worker.
- Draw a picture of Flat Jesus and your interpretation of the place where PDA is helping.
- Journal about how your family is going to participate in Presbyterian Disaster Assistance.
- Write a prayer to pray for someone who is experiencing a storm.



Travel buddy time

Connect with your travel buddy today. Share together:

1. Tell them about the story you learned today and one thing you learned about the story.
2. Ask your travel buddy about a “storm” they have experienced. How did they find hope when they trusted Jesus?
3. Show them a project you did today. Tell them how it helps you remember the story we heard.
4. Tell them about your Flat Jesus challenge. Challenge them to share a word of hope with their neighbors today.
5. Share with them what you learned about the Presbyterian Disaster Assistance program. Where is one place that PDA is helping? Tell them how your family is going to participate in the work of the Presbyterian Disaster Assistance program.
6. Play “Would you rather?” with your travel buddy.



Make your mark

Take a look at your “Make your Mark” Bingo sheet! What activity will you participate in today? Perhaps you can take your “stormy cards” that you made today and write a letter to someone. Your words of comfort and hope might provide a moment of peace in the midst of that person’s current storm. Or, you could make a set of cards and gift them to a friend. Whatever you choose to do today, have fun “making your mark”!



OUR JOURNEY COMES TO CLOSE

Amazing! What a crazy second day of Staycation Bible School. Find a quiet spot to gather together as a family. Don't forget to bring Flat Jesus along!

- Light a candle to represent the light of Christ present with you.
- Share with each other a joy you had on your journey.
- Share with each other a "roadblock" you had along the way.
- Share an "aha!" What is something new you learned?
- Sing a favorite "car tune" together.
- Pray using this closing benediction. You can say it together:

**We thank you, Jesus, for this day!
As we followed you along the way.
We will travel day and night,
To follow you and share your light!
Help us journey far and near,
To share God's love, with all who hear.
Amen.**

**AWESOME
ARE
YOUR
FEET...
THEY
TRUST
JESUS!**



Day 3: Jesus travels to get away

JESUS PRAYS

Scripture reference: Matthew 13:1-3; Mark 6:30-32; Luke 11:1-4

Theme verse: Joshua 24:15b

"As for me and my house, we will love and serve the Lord."

Catch phrase: *Awesome are your feet ... they PRAY with Jesus!*

Lesson goal and objectives:

Your family will discover that even Jesus and his disciples took a break, got away and recharged. Today we will explore these ideas:

- **Getting away doesn't always mean taking a big trip. Sometimes it's as little as finding a quiet moment in your day to rest and pray.**
- **It's important to take time to get away from business and chaos.**
- **Practice taking time for rest and renewal.**
- **Jesus models the importance of prayer. We pray to develop a relationship (friendship) with God.**
- **Discover ways your family can develop a relationship with God and learn about Jesus.**

daily supply list



Pack your bag

Your supply list for today is:

- | | |
|--|---|
| <input type="checkbox"/> A candle | <input type="checkbox"/> A movie to watch |
| <input type="checkbox"/> Flat Jesus | <input type="checkbox"/> Arts and crafts supplies (see pp. 38-39) |
| <input type="checkbox"/> Theme verse coloring page (p. 16) and catch phrase coloring page (p. 44) | <input type="checkbox"/> Science supplies (see p. 40) |
| <input type="checkbox"/> Your Bible /Storybook Bible | <input type="checkbox"/> Fish beanbags (buckets, chalk, paper plates, water bottles or other items to knock down) |
| <input type="checkbox"/> Materials for the Bible story response: books to read (see suggestions in the response section), Legos/blocks/Magna-Tiles, materials to color or draw | <input type="checkbox"/> A way to play/listen to music |
| | <input type="checkbox"/> Flat Jesus journal |



OUR JOURNEY BEGINS

Gathering activity and theme exploration

It's our third day of Staycation Bible School! What an adventure you have been on! Our journey began by traveling to a lake. Then Jesus got on a boat. Today, we are going to rest. So take a deep breath, count to 5 and let the breath out slowly!



1. Light a candle to represent the light of Christ present with you.



2. Share a hope you have for your day today!



3. Learn/sing a "car tune" together. Choose a song from the list and sing it together. If you don't know it, look up the words and learn a new song. A great one for today's theme is "As for Me and My House," from Yancy & Little Praise Party.



4. Say a prayer together.

Scan in your Spotify app to go directly to the playlist!



Opening prayer

God of rest, from the very beginning you taught us that rest was very important. You rested on the seventh day of creation and Jesus took a break from traveling and teaching. Help us to rest. Remind us that when we rest we are able to reconnect with you and with one another. Thank you for this day of rest. Amen.



OPENING ACTIVITY

"Deserted island"

Today is all about getting away. What would happen if you ended up on a deserted island? **What would you take with you? What can you NOT live without?**

Take turns imagining what you would take with you on a deserted island:

1. What **three items from your room** would you take with you to a deserted island?
2. What **three foods** would you eat on a deserted island?
3. What **three books** would you want to read on a deserted island?
4. What **three friends** would you take with you to a deserted island?
5. What **three** _____ would you have on a deserted island? (Make up your own categories and have fun!)



EXPLORE THE THEME

Travel guide note: Today's Bible story is a little different. It isn't really a story; it's more of a picture of how Jesus spent his time. In the Bible there are moments when we read about Jesus and his disciples getting away from the crowds. Often it was just a few short verses, so brief you would almost miss them. We read that he spent that time praying and resting. It didn't last for long, and soon the crowds would find him again. Jesus never seemed to get enough time to rest. But he took time to rest. This is the emphasis for today. That even when it was busy or people seemed to need Jesus, he found time to rest. And while he rested, he prayed.

This is another goal for today: to recognize that Jesus made sure he kept his connection with God through prayer.



Find your Bible verse coloring sheet. (The theme verse coloring sheet is on page 16.)
Read the Scripture verse together.

Theme verse: Isaiah 52:7 (From the Message)

*How beautiful on the mountains
are the feet of the messenger bringing good news,
Breaking the news that all's well,
proclaiming good times, announcing salvation,
telling Zion, "Your God reigns!"*

Focus on the phrase

"Breaking the news that all's well, proclaiming good times, announcing salvation."



Wonder together:

- How do our feet pray like Jesus? We normally think of hands when we think of praying. What does it mean to have feet that pray like Jesus?
- What good news do we want to share?

On our first day together we discovered who the messenger was (A prophet, Jesus, us) and yesterday we brainstormed all the places we could deliver the message (mountains, beach, lake, etc.). Today let's share with one another just what is this good news that we are sharing! The message we are sharing is the good news of Jesus Christ. Jesus loves us! As a family, discuss together what you would want to share with someone else about Jesus.



Write down the good news you want to share. Find a spot on your Bible verse coloring page and write down the good news that you want to share!

Let's say our theme phrase together:

"Awesome are your FEET ... they PRAY with Jesus!"



Color and decorate your day 3 theme phrase coloring page.

Our theme today is all about getting away, resting and making time for prayer. Does your family have a favorite prayer? Maybe you have a special meal time grace or a special night time blessing. Write the words to your favorite prayer in feet on today's coloring page. Hang your picture in your space.

LEARNING ALONG THE WAY — EXPLORING THE STORY



Read: Explore the story of Jesus getting away to pray.

You can find it in **Matthew 13:1-3**; **Mark 6:30-32**; and **Luke 11:1-4**.

Together look up these three different Scripture references and read them together. Notice what happens just before them and what happens just after them in the text.



Reflect

Option 1 (Especially good for younger elementary children)

1. Why did Jesus rest? What do you think Jesus did when he rested?
2. The Bible says he prayed. Who do you think Jesus prays for? What do you think Jesus prays for?
3. Do you have a favorite place you like to rest? What do you like to do when you rest?
4. Jesus teaches us to pray. He tells us that praying helps us build our friendship with God. Where is a quiet place that we can go to get away and pray?
5. The Old Testament says, "As for me and my house, we will love and serve the Lord." This means that we will do our best to have a friendship with God and learn about Jesus. What are some ways our family can have a friendship with God and learn about Jesus?

Option 2 (Especially good for older elementary children)

1. Why do you think that Jesus chose to get away and rest?
2. What do you think Jesus did when he rested?
3. If Jesus was getting away in 2020 – right now – where do you think Jesus would go, and what do you think Jesus would do to rest?
4. Throughout the Gospels it said he prayed when he took time away. What do you think Jesus prays for? Who do you think Jesus prays for?
5. What are some ways that you like to rest and relax? How does your family rest and get away? Do you have a favorite getaway spot at your home or yard?
6. In Luke, the disciples ask Jesus to teach them how to pray. He teaches them the Lord's Prayer. I wonder, why is prayer an important part of our faith tradition?
7. Prayer is a way of having a friendship with God. We mostly know prayer as something that is spoken. But did you know there are many ways to pray? Can you brainstorm different ways that you can pray?
8. Joshua 14:15b says, "As for me and my house, we will love and serve the Lord." Even in the Old Testament God's people thought about the importance of having a relationship and a friendship with God. It's hard to have a relationship with God when we are very busy. This is why we are encouraged to get away. Where can your family create getaway space (either physically or by setting aside time) to grow your relationship with God?

Respond

Today, practice what Jesus taught, by getting away to pray or think about your friendship with God. Have each person find a space in or around your house to "get away." Take at least 15 minutes to respond. Invite each person to choose their own activity, work in their own space and play some quiet reflective music.



- **Response 1: Reflect with blocks.** Make a Lego prayer station. Use a Lego baseboard and create a faith shape with Legos (heart, cross, Jesus fish). Use Lego bricks and Lego people to represent prayers. Some ideas include: Use different colors to represent different types of prayers (sorry, thank you, celebration, others); use different colors to represent different people or places; build bricks on top of each other to represent groups or families. Find a place to keep your prayer station and continue to add to it over time. Or build a house with bricks, blocks or Magna-Tiles. Fill it with notes or drawings or representations of ways you that you will "love and serve the Lord."



• **Response 2: Read and reflect.** Read a book that encourages you as you grow in your relationship with God. There are many children's books available that are perfect for a reflection reading time. Some suggestions are:

- "When God Made You," "When God Make Light," "When God Made the World," and "When I Pray for You" by Matthew Paul Turner.
- "Little Mole Finds Hope" by Glenys Nellist.
- "The Story of AND" by Sandy Eisenburg Sasso.



• **Response 3: Reflect with art.** Use markers or crayons, play dough or paint. Draw a shape on a piece of paper (heart, cross, Jesus fish). Fill the shape with the prayers of your heart.



REST STOP

On every trip it's nice to take a break and eat a snack. Choose a time each day where you can rest and refuel. Instead of listening to car tunes and doing energizers, today you are invited to take a longer break. Encourage your family to slow down and take a long time to rest. You might want to choose to do today's rest stop later in your day.

Today's snack suggestion: popcorn. *Make some popcorn and choose a movie to watch together. Make your space cozy. Make a fort, use pillows and spread out the blankets. Enjoy a time for rest and renewal.*

CONNECTION POINT: *Make a church family movie list and share it with one another.*

Or decide as a church family what movie you are going to watch. You may not be watching it in the same place, but you are watching it together in spirit.

TODAY'S DAILY SIDE TRIPS



(There are only a few excursion suggestions today. This will allow you to create more space in your day for rest and renewal.)



EXCURSION 1: Arts and crafts

Option 1

"Me and my home" pictures

You will need: White heavy paper/cardstock (for a more durable picture use a canvas), painter's tape, paint, markers.

1. Use the painter's tape to **create a house or apartment** on your paper/canvas.
2. **Paint your paper.** You can use just one color or do several colors.
3. Next, **splatter paint** over the entire picture to give it color and pop.
4. **Allow your painting to dry.** When it is dry you can carefully peel the tape off. You will have white areas where your tape was. **Write today's Bible verse on your painting** (*As for me and my house, we will love and serve the Lord*).

Option 2

Salt dough footprint candleholder

You can use your candleholders in a space that you have set aside for prayer and study of God's Word.

You will need: flour, salt, boiling water, acrylic paints, a sharpie, a tea light candle, parchment paper, a cookie sheet or 9 x 13 pan.

1. **Make the salt dough.** Ingredients: 1 cup of salt, 2 cups flour, 3/4 cup boiling water.
2. **Preheat oven** to 250 degrees.
3. **Mix the salt and flour** first. Gradually add in the boiling water.
4. **Mix together until a dough forms.** *It should not be sticky, but like the consistency of play dough.*
5. **Roll out** your dough so it is big enough for your child's footprints. If you have parchment paper, roll it out on this — that makes it easy to transfer later.
6. Using your child's feet, **stamp out a heart** in the middle of the dough. The pointy part of the heart would be your child's heels.

7. Next, **cut a heart shape around the “feet heart.”** So it should look like a heart within a heart. (Options: Just do one footprint, and cut a heart around it. Or you could make a footprint cut out. You could do this by tracing your foot and then using this a foot template.)
8. **Bake your salt dough creations.** Bake at 250 degrees for 1.5 to 2 hours. Or you could let them air dry, but fair warning: that could take days.
9. Once they have baked and cooled, **paint and decorate** however you would like.
10. **Find a place for today’s Bible verse and add your tea light candle.**
 - **Variation 1:** You could use Model Magic instead of salt dough. It’s a modeling clay made by Crayola. You can find it at most craft stores (and on Amazon). You just mold, create and let dry. You don’t have to bake it. It comes in colors too, so you can get very creative with how you make a candleholder.
 - **Variation 2:** If you don’t want to use clay, you could make a candleholder using a small glass candleholder and tissue paper. Cut the tissue paper into small pieces and with a mixture of water and glue, paint the tissue onto the glass candle holder. Let it dry. When it’s done, you have a beautiful stained glass tea light candleholder.

Option 3 Prayer sticks

You will need: Popsicle sticks (wide ones are great), markers, a jar or container for your sticks.

This is a way to remember people, places and things you would like to pray for. You could keep it in your space that you have made to get away and grow with God.

1. **Decorate a jar/container** to hold your sticks.
2. **Think of people** your family would like to pray for.
3. **Think of places** your family would like to pray for.
4. **Think of categories** you would like to remember in prayer (for example, someone who is sick, someone who is lonely, someone who is hungry).
5. **Write the people, places, categories on your Popsicle sticks. Decorate them.**
6. When you are done **place the Popsicle sticks in the container.** Whenever you gather for a time of prayer, have **each family member choose a stick and then include those people/places/categories in your prayer.**



EXCURSION 2: Science and discovery

Today let's **MAKE A CRYSTAL**. This activity takes time. You will want to **do the project earlier in the day**, as you will have to wait for your crystal to grow.

You will need: Borax, pipe cleaners, string, Popsicle sticks (or any kind of stick), large glass, food coloring and boiling water.

1. Take your pipe cleaner and **make a shape**. It can be any shape – maybe a heart, a fish, a flower, a butterfly, a swirl (anything you can imagine).
2. **Tie the shapes to a piece of string** and **attach the Popsicle stick** (or other stick you have). *Note: Make sure your shape will be able to fit inside the jar you are using. It can't be bigger than the jar and you must be able to pull the pipe cleaner shape out of the jar.*
3. You will need **one jar for each shape** that you have. **Fill each jar with boiling water. Add 1/3 cup borax. Stir gently** until the borax dissolves. **Add food coloring** if you wish.
4. **Place a pipe cleaner shape into the borax solution** in the jar.
5. **Set aside**. The pipe cleaner shapes will need to sit in the solution for at least a few hours – maybe overnight.
6. After some time, **you will start to see crystals grow**.
7. The longer you keep the pipe cleaner in the jar, the bigger the crystal will become. **When the crystal has become the size that you like, take it out** of the jar. **Find a place to hang your crystal**.

How does this remind us of our relationship with God? Our friendship with God takes time to grow and develop. Each time we pray, each time we get away and spend quiet time with God, our friendship with God grows little by little. Like this crystal, it takes several elements. And when the elements are put together (us and God), a beautiful friendship grows over time. Our relationship with God changes and transforms us, just like the pipe cleaner was changed and transformed.



EXCURSION 3: Stretch your legs (games and play)

Option 1: Flat Jesus challenge:

Go for a walk! Remember our catch phrase for today: “Awesome are our FEET...they PRAY with Jesus.” How do we pray with our feet? Let’s give it a try today! Go on a prayer walk, as you are able. Take Flat Jesus. Take a picture with Flat Jesus near one of the places where you pray. Here are some prayer suggestions:

- When you get to a bus stop: Say a prayer for your school and your school friends.
- When you come to a place where people play: Say a prayer for your friends.
- As you pass houses: Pray for a neighbor you don’t know. Pray for a neighbor you do know. Pray for an older neighbor. Pray for a neighbor who is sad or lonely.
- Notice people’s yards: Pray for creation.
- Do you see pets? What about wildlife, like birds, squirrels, and deer (in my neighborhood we have bears!). Pray for the animals of our world.
- Is there a place where people eat in your neighborhood? Maybe a neighbor has a vegetable garden. Pray for people who are hungry.
- Remember that not everyone has a home. Pray for those who are homeless and in need of shelter.
- When you get back to your home, pray for your family.

Option 2: Game time.

Play a favorite board game with your family.

Option 3: Get your fish sock beanbags!

Play some beanbag games.

- **Basic toss:** Either take turns tossing a beanbag to one another. Or make it a little more interesting: Teams of two begin directly in front of each other, and with each successful catch the person takes a step back. See what team can get the farthest apart.
- **Paper plate targets:** Grab 5 paper plates and give each one a different value. Place them at varying distances and take turns tossing the beanbags to get the most points (each turn can include 1-3 beanbag tosses).
- **Bullseye:** Use sidewalk chalk to draw a large bullseye target. If desired, give each section/circle a value. See who can get the most points or who can hit the middle of the target the most.

- **Buckets:** Place 3-6 buckets in different places (various sizes are fine). Take turns tossing the beanbags in the buckets. Again, you can give the buckets each a value.
- **Toss at water bottles:** Fill 6 (or 10) empty water bottles up about 1/4 full. Set them up in a triangle formation (like bowling pins). This can be set up on the ground or on a table. Toss the beanbags to try to knock all the bottles over.



WHERE IN THE WORLD IS FLAT JESUS??

It's time to learn about another mission co-worker from the Presbyterian Mission Agency. Remember that you can find the information about the mission co-worker here: presbyterianmission.org/ministries/mission-connections.



After you have chosen who you would like to learn about today, **take some time to journal about the co-worker** in your Flat Jesus journal.



Travel buddy time

Connect with your travel buddy today. **Share together:**

1. What you learned about rest and prayer. Ask your travel buddy why they think Jesus needed to rest. Who and what do they think Jesus is praying for?
2. Tell them about your Flat Jesus challenge today. Challenge your travel buddy to do a prayer walk around their neighborhood.
3. Show them your salt crystal. Can you remember how the crystal reminds you of your friendship with God?
4. What did your family do to rest and relax today? If you watched a movie tell your travel buddy about the movie. See if they have any movies they would suggest you watch. Ask them what they like to do to rest. See if they have a special place in their house or apartment that they like to get away to when they want to pray and build their relationship with God.
5. Play "What would you take to a deserted island?" with each other.



Make your mark

Take a look at your “Make your Mark” Bingo sheet! What activity will you participate in today? Did you know that there are ways you can color pictures to brighten someone’s day? Coloring can be a very relaxing activity.

Check out colorasmile.org. You can **download pictures to color**. Once you have colored them, you send them back to Color A Smile and they deliver them to hospitals, nursing homes and even troops overseas! This is just one activity you might choose to do.



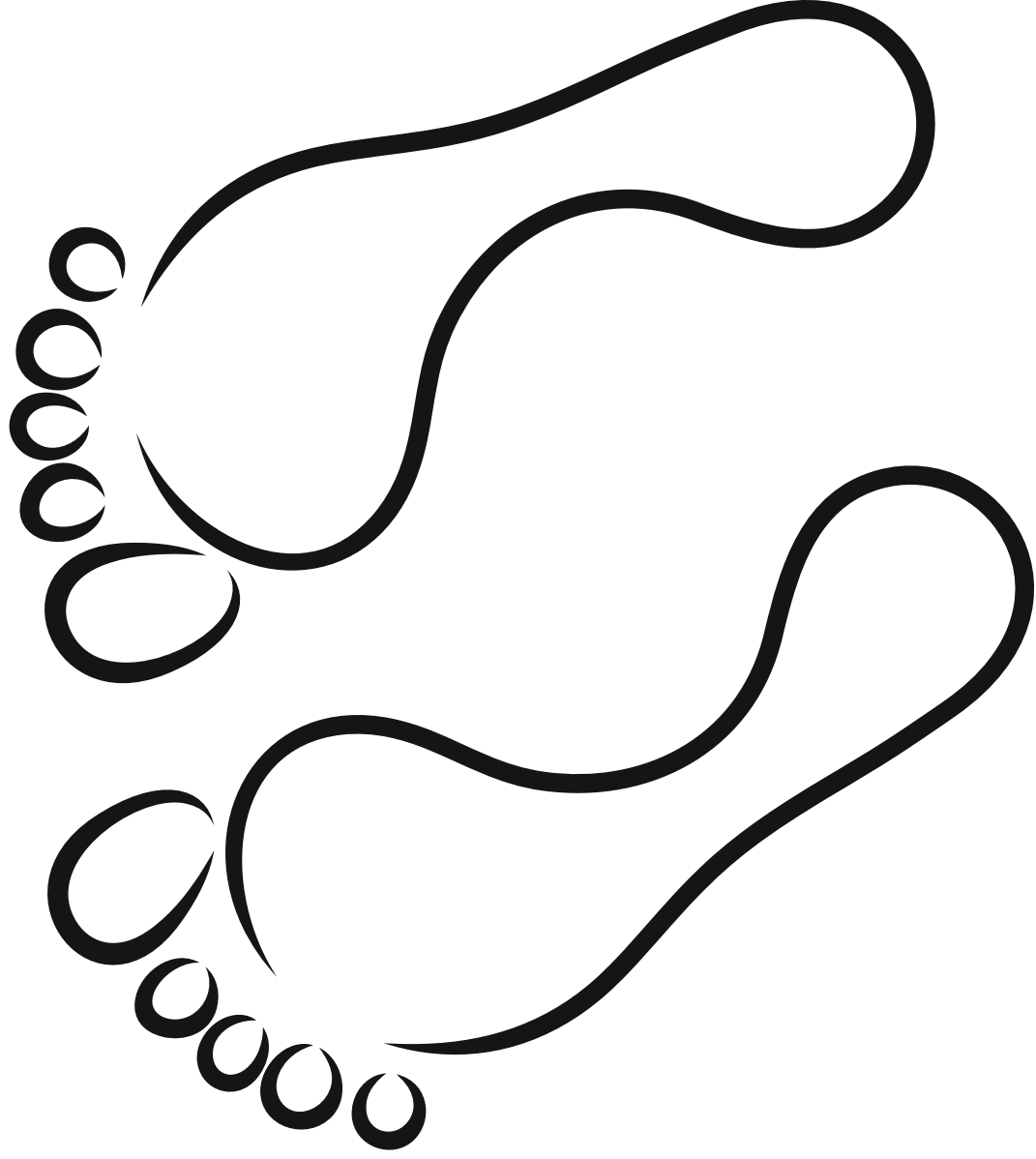
OUR JOURNEY COMES TO A CLOSE

Take a deep breath! Did you find some time to rest today? Find a quiet spot to gather together as a family, and don’t forget to bring Flat Jesus along!

- Light a candle to represent the light of Christ present with you.
- Share with each other a joy you had on your journey.
- Share with each other a roadblock you had along the way.
- Share an “aha” moment or understanding. What is something new you learned?
- Sing a favorite car tune together.
- Use your prayer sticks and pray together as a family.
- Pray using this closing benediction. You can say it together.

We thank you, Jesus, for this day!
As we followed you along the way.
We will travel day and night,
To follow you and share your light!
Help us journey far and near,
To share God’s love, with all who hear.
Amen.

**AWESOME
ARE
YOUR
FEET...
THEY
PRAY
WITH
JESUS!**



Day 4: Jesus travels to an upper room JESUS WASHES HIS DISCIPLES' FEET

Scripture reference: John 13:1-15, 31- 35

Theme verse: John 13:34

"I give you a new commandment, that you love one another. Just as I have loved you, you should also love one another."

Catch phrase: **Awesome are your feet ... they LOVE like Jesus!**

Lesson goal and objectives:

Your family will explore the story of Jesus washing his disciples' feet and explore the following questions:

- How can disciples serve and care for one another?
- What can we learn when our feet get tired - or sometimes stinky and dirty?
- What does it mean to be a servant leader?
- Jesus taught us to love one another just like he loved us (through serving). How do we serve and love the people with whom we live? How do we serve and love beyond our homes?

daily supply list



Pack your bag

Your supply list for today is:

- ☐ A candle
- ☐ Flat Jesus
- ☐ Theme verse coloring page (p. 16) and catch phrase coloring page (pp. 57)
- ☐ Your Bible/Storybook Bible
- ☐ Materials for the Bible story response (see p. 50)
- ☐ Arts and crafts supplies (see p. 51-53)
- ☐ Science supplies (see p. 53)
- ☐ Chalk or handprint/footprint printouts, plus tape
- ☐ Water play materials
- ☐ A way to play/listen to music
- ☐ Flat Jesus journal



OUR JOURNEY BEGINS

Gathering activity and theme exploration

Can you believe that we are on day 4 of our Staycation Bible School adventure? Find a quiet spot to gather together as a family and don't forget to bring along Flat Jesus!



1. Light a candle to represent the light of Christ present with you.



2. Share one way you know that someone loves you.



3. Learn/sing a "car tune" together. Choose a song from the list and sing it together. If you don't know it, look up the words and teach each other a new song. You can find the list online at pres-outlook.org/cartunes or by scanning to the right in your Spotify app.

Scan in your Spotify app to go directly to the playlist!



4. Say a prayer together.

Opening prayer

God of love, we love because you first loved us! That is amazing. Thank you for Jesus teaching us and showing us how we are to love others. Help us today as we think about the many ways we can love one another just as Jesus loved us. Amen.



OPENING ACTIVITY

Road trip games

Does your family have a favorite road trip game? Have some fun and pretend you are going on a road trip. Can you create the vehicle you will be traveling in? (Car, bus, airplane, boat, or think of others.)

Once you have created your vehicle (using your imagination, or drawn/built it), ask these questions and learn some new about your family.

1. If you could go on a road trip **anywhere in the United States, where would you go?**
2. If you could go on a trip **anywhere in the world, where would you go?**
3. What is your **favorite way to travel?**
4. If you could time travel, **what time period would you visit?**
5. Where would you like to travel to in space - **in the universe?**
6. What would your **dream vacation** be like? Describe it. Where would you go, who else would be there, what would you do?
7. What is your **favorite travel memory from a trip** you've already taken?
8. What is a **favorite "on the road" restaurant?** What do you love to eat at that restaurant?
9. What is your **favorite road trip game** to play?



EXPLORE THE THEME

Travel guide note: Today's story is a part of the larger story that we read during Holy Week. Jesus washed the disciples' feet the same night they ate the Last Supper together, the night Judas betrayed Jesus. If you have the Jesus Storybook Bible or access to one, it has a really wonderful interpretation of this story. You could read the whole story (which includes Judas' betrayal of Jesus and the Last Supper) or just read the part about washing feet. Before you read the story today, spend some time talking about washing feet and being a servant leader. Having some background about both of these subjects will help this story come alive.

Today we are going to read the story from the New Testament about Jesus washing his disciples' feet.



Discussion questions:

1. Talk about feet. Notice how they are our closest body part to the ground. Talk about how this affects your feet (they have the potential to get really dirty; they hold all of our weight; they take us places).
2. Remember at the beginning of the week we talked about how people traveled in Jesus' time? Walking was one of the main ways people traveled. People also wore sandals. Imagine what their feet might have been like after all that walking. How would those feet feel? What would they look and smell like?
3. If you said their feet were stinky and dirty, you are probably right. People did not have very clean feet in Jesus' day. So you can imagine, washing someone's feet was probably a yucky, not very fun job. What do you think that felt like, smelled like, looked like?
4. What are some gross and yucky jobs today? What is your least favorite job to do around your house or school? What is a job you would never want to do? How can we thank the people who do those jobs for us?
5. How would you feel if someone did that yucky/gross job for you? You didn't have to ask them and they didn't ask you for anything back. They just did the gross job for you, because they love you and wanted to help you. How would that make you feel? When was the last time someone did that for you?
6. Have you heard of a servant leader? Can you guess what a servant leader might do? Perhaps it is someone who takes care of a job we don't want to do or a job that is important but doesn't get much recognition. They don't lead because they want attention or praise or to be in the spotlight. They lead behind the scenes. Do you know anyone like that?

- As we read our story together remember how washing feet was not a very glorious, fun and exciting job. In fact, it was probably pretty yucky. What are some things you can do help others even though they're not so much fun? Why is it important to help others even if it's hard or no one notices?



Find your Bible verse coloring sheet. (The theme verse coloring sheet is on page 16.)
Read the Scripture verse together.

Theme Verse: Isaiah 52:7 (From the Message)

*How beautiful on the mountains
are the feet of the messenger bringing good news,
Breaking the news that all's well,
proclaiming good times, announcing salvation,
telling Zion, "Your God reigns!"*

Focus on the phrase

"Your God reigns!"



Wonder together

Today we are going to think about the last part of this Bible verse, **telling Zion, "Your God reigns!"** We have discovered who the messenger is and where we can deliver our message. Yesterday we thought about **what** the good news is that we have to share. Today, let's think about **why!** Why do we share this good news with others?

You might be wondering who or what is Zion? **Zion is another name for Jerusalem.**

This last part of our Bible verse is basically saying: "Hey there People of God, I am telling you this because God is awesome!"

Today, **think of someone to whom you want to tell the good news of Jesus Christ.** It can be a friend or a family member. And then decide together your why. Isaiah's why was because "God reigns" (which basically means that God is in charge and ruler of us all).



Find a place on your Bible verse coloring page to **write the name of the person you want to share with and your reason for sharing.**

Let's say our theme phrase together:

"Awesome are your FEET ... they LOVE like Jesus!"



Color and decorate your day 4 theme phrase coloring page.

Today we are learning to love like Jesus. Decorate your feet with hearts! Hang up your page and use it to decorate your Staycation Bible School space.

LEARNING ALONG THE WAY — EXPLORING THE STORY



Read: Explore the story of Jesus washing the disciples' feet.

You can find that story in **John 13:1-15, 31-35**.

Experience the story. Fill several buckets with water and soap and have your travelers soak their feet while you read the story. This will make the story come alive and be a great visual for your younger learners, especially if this story isn't in one of your Storybook Bibles. If it's possible, read the story ahead of time and try to tell the story in your own words.



Reflect

1. The disciples were surprised when Jesus prepared to wash their feet. Why do you think they were surprised?
2. Do you think Jesus should be doing a gross/yucky job? Do you think the disciples think that Jesus should be doing a gross/yucky job? Why or why not?
3. Jesus said to Peter, "Unless I wash you, you have no part of me." What do you think Jesus meant by that? Remember yesterday, we learned about growing our relationship with God. This is another way Jesus was growing his friendship and relationship with his disciples, it was an act of love and hospitality. It wasn't about cleaning their feet, it was about showing them how much he loved them – so much so that he was willing to clean their feet.
4. How is Jesus teaching us about servant leadership?
5. Imagine how you would feel if someone just did the yucky/gross job that you don't like just because they love you and wanted to help you out. In your family, which job could you do that would show another family member how much you love them?
6. Jesus said, "I have set an example that you also should do as I have done to you." He also said, "I give you a new commandment, that you love one another." If Jesus is our teacher and our example, make a list of the ways he has taught us to love and care for other people.
7. Think about your family. Is it easy to show them love and kindness? Is it difficult sometimes? What is one way your family can love one another the way that Jesus teaches us to love others?

Respond

Now that you have read the story and reflected on what it means, give your children an opportunity to respond to the story in a creative way. Every child has different way of processing and responding. You will be surprised at their creativity.



- **Response 1: Build the story.** Using Legos, Duplos, Magna-Tiles or blocks (or whatever building material you might have), use your imagination and build the story.



- **Response 2: Act out the story.** Recreate it and use costumes and props. Be creative with what you have in your house. What would it feel like to have your feet washed?



- **Response 3: Create the story.** Use markers or crayons, play dough or paint! Create the story artistically.

CONNECTION POINT: Document how you respond to the story. Take a picture or make a video. Share your response with your church and with your travel buddy.



REST STOP

On every trip it's nice to take a break and eat a snack. Choose a time each day where you can rest and refuel. Listen to some car tunes as you eat. Visit pres-outlook.org/cartunes to listen to some selected songs.

Today's snack suggestion: Pretzels. Why a pretzel today? They look a little like hearts. There is also a legend that the pretzel shape was created by an Italian monk who took pretzel dough and shaped it to look like praying hands. The pretzel can remind us to love and care for one another.



BREAK TIME — LET'S GET UP AND MOVE

Presbyterians LOVE energizers! You can find some fun brain break/energizers on YouTube. Here is a list of a few theme-related energizers you can watch at pres-outlook.org/energizers.

- Imagine you are hitting the waves with **"Surfer Dude"** from GoNoodle
- Is it a popsicle or **"Pop See Ko 2.0"** from GoNoodle
- Have fun with this camp favorite: **"Boom Chicka Boom"** from GoNoodle
- Try this song/energizer, **"Gonna Serve,"** about serving like Jesus, from Yancy & Little Praise Party.

TODAY'S DAILY SIDE TRIPS



EXCURSION 1: Arts and crafts

Option 1 (especially for preschool/younger children)

Lacing hearts

You will need: A thick piece of paper or cardboard, yarn, a hole punch.

1. Trace various heart sizes on the cardboard or thick piece of paper.
2. Cut them out. Let your child color and decorate them.
3. Use the hole punch and punch holes about an inch from the edge all around the inside of the heart.
4. Give your traveler some string and let them design away.
 - One idea: Loop the string through a hole from the bottom, around the outside edge and through the next hole from the bottom – keep going until you’ve completed the heart, lacing all along the edge.
 - Or leave the edges bare and lace the center of the hearts – lacing through from a hole on the bottom to one on the top until you’ve filled the center.
5. To make it a little easier you might want to use a little tape on the end of string to make it easier to lace through.

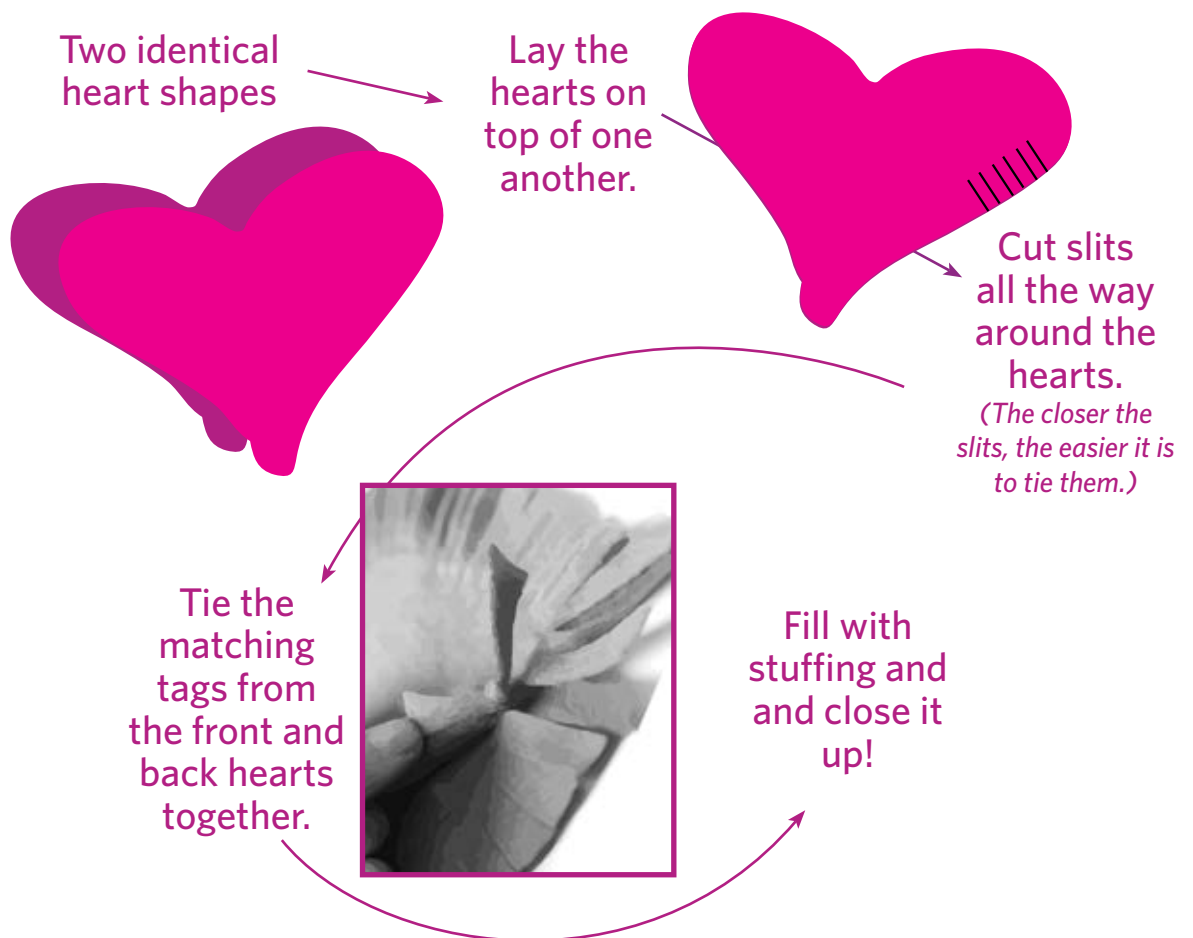


Option 2 Heart pillow

Make a heart pillow to share with a friend or give away to someone who needs to know they are loved.

You will need: Two large pieces of felt (any color), scissors, a marker or pen, something to stuff the heart with.

1. Cut out a heart shape out of the felt. You will need two hearts for each project.
2. Lay the hearts down on top of one another. Draw a heart on the inside of the top heart – about 2 inches from the edges. Cut slits all the way around the heart, from the outside edge to the heart you've drawn inside, cutting through both layers.
3. Begin to tie together the slits along the edge – tying the top piece to the bottom and making a knot. Go all the way around the heart, but leave a small opening.
4. Fill the heart with stuffing material and finish tying the heart closed.



Option 3

Stained glass heart cards

You will need: Cardstock (cut and folded in your desired card size), black glue (easy to make: use regular glue and mix in small amounts of black acrylic paint), watercolors.

1. Using the black glue, create your stained glass window design. **Start with the basic heart** on the front of the card. Then add any details you wish (inside the heart or around it).
2. **Let the heart dry.**
3. Once the heart is dry, **fill in the white areas with watercolors.**
4. Make as many cards as you would like.



EXCURSION 2: Science and discovery

Today's science and discovery challenge is to **EXPLORE HOW LOVE GROWS**. When we love like Jesus taught us to love, watch how love grows!

Make frozen baking soda hearts

You will need: Baking soda, water, red food coloring, ice cube tray (or a heart shaped ice cube tray or heart-shaped cookie cutter), vinegar.

1. Mix baking soda with just enough water to make a paste. Add the food coloring to make the concoction red. Make sure it stays a paste-like consistency.
2. Put the paste in the ice cube tray, in a heart shaped ice cube tray, or stuff the paste inside the cookie cutter (you might want to put parchment paper underneath or put it on a plate for transfer).
3. Freeze the molds for 2-3 hours.
4. After 2 or 3 hours, take the baking soda cubes out of the freezer. Place the cube in a bowl (*it will make a mess*).
5. Give each traveler a small bowl of vinegar. Try to drop the vinegar on the cube a few drops at a time. See what happens. Did the love grow?





EXCURSION 3: Stretch your legs (games and play)

Option 1: Flat Jesus challenge

Take a walk around your neighborhood. Bring Flat Jesus along. Jesus washed the disciples' feet as a way to show them how much he loved them. We are to love one another too. As you walk around the neighborhood, think of a way that you could love one of your neighbors by serving them. Could your family wash a neighbor's car? Or clean a bike? Is there something else you might do to help – maybe carry out the garbage or sweep the walk? These things may be hard to do safely during a time of social distancing, so maybe you could write your neighbor a friendly note, or call them on the phone to say hello, or bake them cookies or sing them a song from the sidewalk (summer caroling!). Or can you help your family by washing the car or doing some other chore? Take a before and after picture with Flat Jesus to show or how you served a family in your neighborhood (or your own family).

Option 2: It's another water day!

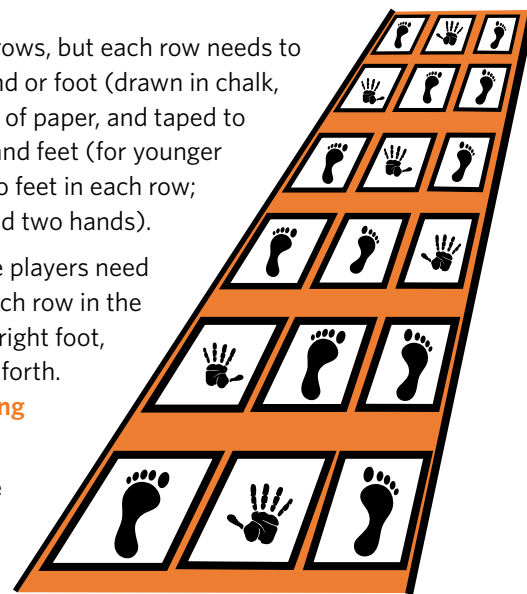
Have fun playing with water.

Option 3: Bucket of WHAT?

- Fill up a bucket of water. For an even bigger challenge add ice cubes!
- Find small objects to put in the container. Include some that sink and some that float.
- Have your travelers take turns trying to pick up the items floating in the bucket using only their feet.

Option 4: Hands and feet hopscotch

- Create a hands and feet hopscotch board. You can use chalk or pieces of paper taped to the floor.
- You can have any number of rows, but each row needs to have three squares with a hand or foot (drawn in chalk, or drawn or printed on pieces of paper, and taped to the floor). Mix up the hands and feet (for younger children it's easier to have two feet in each row; for older ones, try one foot and two hands).
- Starting with the first row, the players need to jump on every square in each row in the correct order — right foot on right foot, left hand on left hand, and so forth.
(Here's a video demonstrating how to play.)
- See who can finish the course most quickly without falling down.





WHERE IN THE WORLD IS FLAT JESUS??

Let's explore where your church or faith community is sharing the love of Jesus in your own community or around the world. Choose an organization that your church helps throughout the year. It could be somewhere close to home or a national or international organization.

Once you have decided what place you are going to learn about, **decide how you are going to learn more** about it. You could look it up online or call someone in your church who is involved in that organization. Find out:

1. What does the organization do?
2. How does your church support it?
3. How is that organization serving their community now in the time of COVID-19?
4. How can your family support that work?

If the organization is local and you are able, **take your Flat Jesus and visit the organization** — maybe take a picture outside the building of you and Flat Jesus, or take a photograph (from a safe distance) of the person with whom you spoke on the phone.



Don't forget to add the photo to your Flat Jesus journal. If it's not possible to take a photo, write a little bit in your journal (or draw a picture) showing what you learned about the organization and how it helps people.



Travel buddy time

Take some time today to connect with your travel buddy. **Share together:**

1. Tell them something you learned about Jesus' journeying to an upper room.
2. Find out what job they think is yucky or gross and would rather not do.
3. Give them a Flat Jesus challenge.
4. Ask them to teach you their favorite church song.
5. See if they can tell you a favorite road trip story from the past – what's one of the best trips they ever took, or something fun they did away from home.
6. Tell them how your family will support the mission organization that is special to your church or faith community. Find out if your travel buddy has a mission organization that is meaningful to them. Ask them to tell you more about it.



Make your mark

Our week is almost over! How are you doing on “MAKE YOUR MARK” Bingo? Do you have a row completed? Are you close to blackout? Keep playing bingo and see the mark you are making in the world!



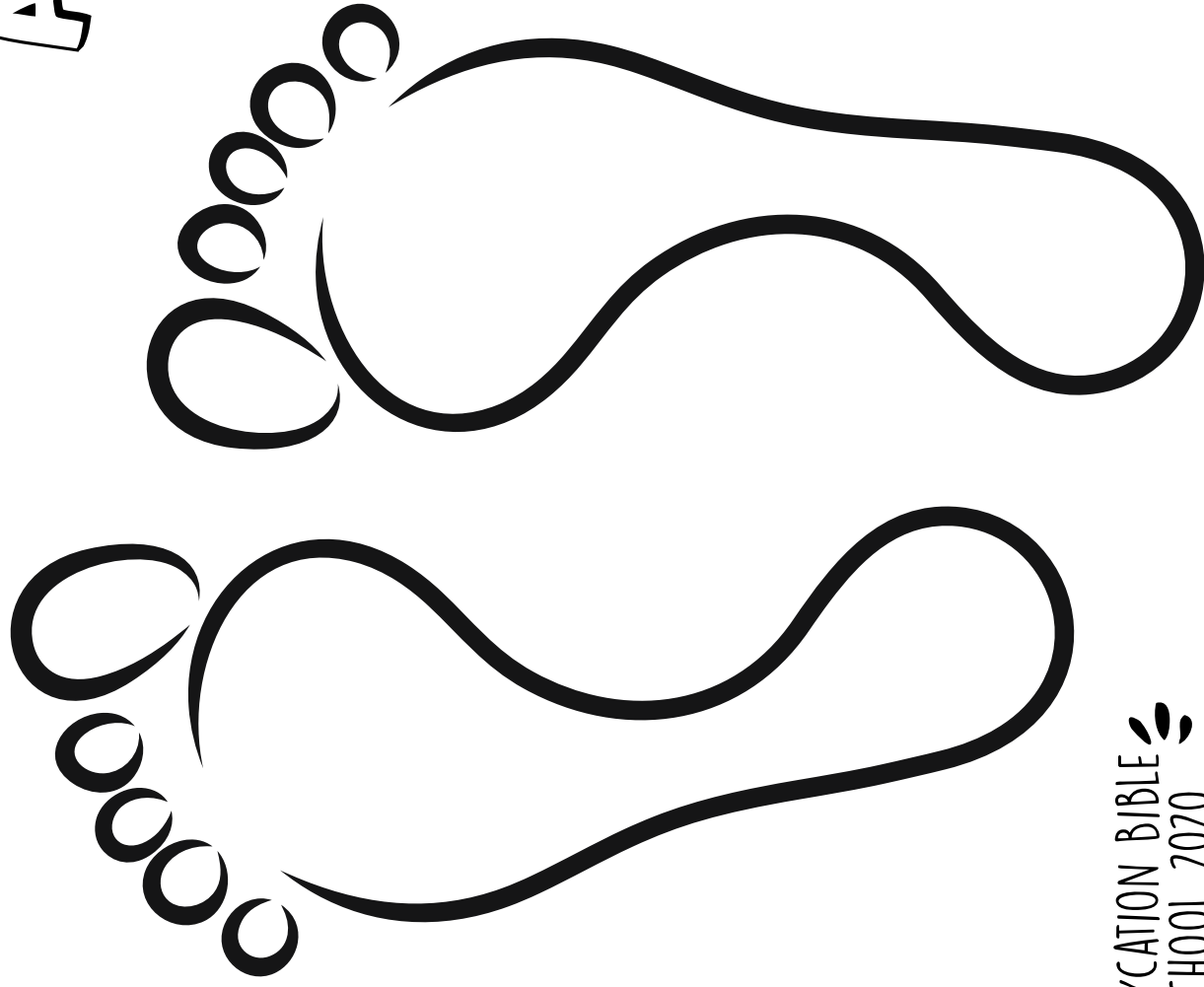
OUR JOURNEY COMES TO A CLOSE

Wow! Only one more day of Staycation Bible School! Find a quiet spot to gather together as a family, don’t forget to bring Flat Jesus along!

- Light a candle to represent the light of Christ present with you.
- Share with each other a joy you had on your journey.
- Share with each other a “roadblock” you have had along the way.
- Share an “aha!” What is something new you learned?
- Sing a favorite “car tune” together.
- Pray using this closing benediction. You can say it together.

We thank you, Jesus, for this day!
As we followed you along the way.
We will travel day and night,
To follow you and share your light!
Help us journey far and near,
To share God’s love, with all who hear.
Amen.

**AWESOME
ARE
YOUR
FEET...
THEY
LOVE
LIKE
JESUS!**



STAYCATION BIBLE
SCHOOL 2020
Feet that follow

Day 5: Jesus travels to the lake JESUS SENDS THE DISCIPLES OUT

Scripture reference: Matthew 28:16-20

Theme verse: Matthew 28:19

Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.

Catch phrase: *Awesome are your feet ... they GO into the world!*

Lesson goals and objectives:

Your family will explore the story of the great commission and learn:

- Jesus says GO! Disciples should get walking!
- Throughout this week, children and families have explored together what it means to follow Jesus with a focus on how to do this from home. But what happens next? What happens when we are called to leave our homes?
- We will discover and explore discipleship beyond our home.

daily supply list



Pack your bag

Your supply list for today is:

- ☐ A candle
- ☐ Flat Jesus
- ☐ Theme verse coloring page (p. 16) and catch phrase coloring page (p. 68)
- ☐ Your Bible
- ☐ Materials for the Bible story response (see p. 62)
- ☐ Arts and crafts supplies (see p. 64)
- ☐ Science supplies (see p. 64-65)
- ☐ Fish beanbag materials
- ☐ A way to play/listen to music
- ☐ Materials to finish your Flat Jesus journal



OUR JOURNEY BEGINS

Gathering activity and theme exploration

We made it! It's our final day of Staycation Bible School. Find a quiet spot to gather together as a family and don't forget to bring Flat Jesus along!



1. Light a candle to represent the light of Christ present with you.



2. Share something new you learned this week.



3. Share your favorite activity that you did with your family.



4. Sing some "car tunes" together.

5. Say a prayer together.

Scan in your Spotify app to go directly to the playlist!



Opening prayer

God of the journey, it's the end of the week! We have journeyed to a lake, on a boat and an upper room — but we never left our home. We found time to take a break and get away, but we never left our home. And we learned that we are never alone. Jesus was with us as we learned and played, sang songs and made art, learned about mission workers and joined in God's mission work. Thank you for never leaving us and always walking alongside of us as we go on the journey, even when we are at home. Amen.



OPENING ACTIVITY

Traveler's choice!

Did you have a favorite activity this week? We played:

- I'm going on a journey
- Would you rather?
- Deserted island
- Road trip questions

Choose your favorite activity and play it again today.



EXPLORE THE THEME

Find your Bible verse coloring sheet. (The theme verse coloring sheet is on page 16.)
Read the Scripture verse together.



Theme verse: Isaiah 52:7 (From the Message)

*How beautiful on the mountains
are the feet of the messenger bringing good news,
Breaking the news that all's well,
proclaiming good times, announcing salvation,
telling Zion, "Your God reigns!"*

Our theme Bible verse is in the Old Testament. But did you know that in the New Testament, Paul references this verse in the letter he wrote to the Romans? In Romans 10, Paul asks: "How do people know to call on God? How are they to believe in a God they have not seen? How can they hear about God without someone who proclaims God?" And then he recalls this verse from Isaiah, "Beautiful are the feet of those who bring good news!"

How beautiful, amazing, wonderful, awesome are YOUR feet! Today you will have a chance to create your own "beautiful feet" to remember that you carry the good news of Jesus' love everywhere you go! Use the blank footprints and decorate your feet. You can use markers and fill in all the ways you will follow Jesus. Or you can use tissue paper or paint and be creative.

CONNECTION POINT: Share your "beautiful feet" with your church. They could make a display of all the feet for all to see when you gather in your building again.

Let's say our theme phrase together:

Awesome are your FEET ... they GO into the world!



Color and decorate your Day 5 theme phrase coloring page.

Today's theme is about going into the world. Color the feet to look like the earth. Use your blue and green crayons and markers. Hang it up and use it to decorate your Staycation Bible School space.

LEARNING ALONG THE WAY — EXPLORING THE STORY



Read: Matthew 28:16-20

***Travel guide note:** Like the theme on Day 3, today's Bible exploration time is not a long story to read, but instead a few short verses about being sent out. These verses come at the end of the Gospel of Matthew; Christ has risen from the tomb and he is meeting with his gathered disciples. Imagine how the disciples might have been feeling in that moment. Scared? Maybe still a little sad? Confused? Jesus has just died, but then he rose, and now the risen Christ has appeared to them. But Jesus has given them what they need. And in this appearance together he sends them out. He tells them to GO and do as I have done.*

I have been thinking a lot about the end of the school year. I have many teachers who made an important impact on my life and they are now making a huge impact on my kids' lives. When we finish a school year, a part of that teacher is always with us, always influencing small ways we live. Sometimes we might not even know it. For example, whenever I write, I always have my 10th grade English teacher in my ear, challenging me to not use contractions in my writing and to avoid the word "thing" and to be descriptive.

This doesn't sound very different from Jesus. Teaching his disciples through modeling how to love others, challenging them to get out of the boat and encouraging them when they doubted are the many ways he taught them and gave them what they needed to go into the world and do likewise. As you read the verses today with your family, reflect on what you have learned from Jesus this week and how you will go and do as Jesus has taught you.



Bible exploration and reflection

1. Think of your teachers at school. What have you learned from them? Make a list. Notice what is on your list. Some are important academic skills (learning letters, how to read, adding and subtracting). Some are important skills for being a good person (sharing, working out a conflict with a friend). When you leave a teacher and go to another grade, you don't unlearn what they teach you. Some of the learning sticks with you.
2. Let's go to the Bible and read today's story. It's a short one. It is time for Jesus to return to heaven. But before he goes, he reminds the disciples that he has taught them everything they need. He tells them to do something. Listen to the Bible verses very carefully and see if you can hear what he tells them to do.
3. Read Matthew 28:16-20 together.

4. Did you hear what he told them to do? (Make disciples, teach them.)
5. This sounds very familiar. Is there a story that we read this week that has a similar command/promise? (You will become fishers of people.)
6. At the beginning of Matthew, Jesus tells them he will teach them how to be a disciple and at the end of Matthew he tells them they are ready to teach others how to be disciples.
7. Make a list of what you have learned about following Jesus.
8. It's hard to think about "going into the world" and sharing the love of Jesus when we are staying close to home. It's also hard to "go into the world" when you are a kid. But this week we explored ways that we can be disciples even when we are staying close to our home. Spend some time sharing together the ways you have learned that you can "go" into the world, even when you are close to home. (Think about what you learned about mission co-workers in the Presbyterian Church and some of the Make your Mark activities).
9. Make a plan. Choose one way that your family would like to "GO" into the world this summer and share the love of Jesus with others. Write it down and hang it up where you can see and remember it.

CONNECTION POINT: Share your plan with your church family. Gather each family's plan and make a "Church GO LIST"! See all the ways that your church will be going into the world.

Respond

Now that you have read the story and reflected on what it means, give your children an opportunity to respond to the story in a creative way. Every child has different way of processing and responding. You will be surprised at their creativity.



- **Response 1: Build the story.** Using Legos, Duplos, Magna-Tiles or blocks (or whatever building material you might have), use your imagination and build the story. Could you make a world?



- **Response 2: Act out the story.** Recreate it and use costumes and props. Be creative with what you have in your home.



- **Response 3: Create the story.** Use markers or crayons, play dough or paint! Create the story artistically.

CONNECTION POINT: Document how you respond to the story. Take a picture or make a video. Share your response with your church and with your travel buddy.



REST STOP

On every trip it's nice to take a break and eat a snack. Choose a time each day where you can rest and refuel. Listen to some "car tunes" as you eat.

Today's snack suggestion: Earth cookies or popsicles

If you would like to do some baking, these earth cookies are fun and easy! All you need is a package of Betty Crocker sugar cookie mix.

- Make the mix according to the directions.
- Divide the mix in half.
- Color 1/2 blue and the second 1/2 green using food coloring.
- Make 1-inch cookie balls with half blue mix and half green mix.
- Bake them according to the package directions.



BREAK TIME — LET'S GET UP AND MOVE

Presbyterians LOVE energizers! Here is a list of a few theme-related energizers you can watch on pres-outlook.org/energizers:

- "Praise the Lord Every Day" from Yancy & Little Praise Party
- Another fun one from Yancy & Little Praise Party: "I Like To"
- Dance along with "Every Move I Make"
- "Get Yo Body Movin" with GoNoodle

TODAY'S DAILY SIDE TRIPS



EXCURSION 1: Arts and crafts

Option 1**Finish your "Where in the World is Flat Jesus?" journal**

It's your last day of Staycation Bible School. Finish your Flat Jesus journal! Add pictures and document the places you took Flat Jesus.

Option 2**Go into the world**

You will need: A paper plate (or a cardstock circle), tissue paper, construction paper, glue.

1. Begin with the paper plate. **Create an earth** using tissue paper. You can create a mix of glue and water and paint the tissue paper on. You can scrunch the tissue paper and glue it on. Be creative!
2. With the construction paper, **trace your feet**. Cut them out.
3. **Write "Go into the world" on your feet**.
4. **Glue the feet onto the earth** picture.



EXCURSION 2: Science and discovery

Today's science and discovery challenge is to **EXPLORE THE EARTH AND GET MOVING**. Here are some suggestions:

1. **Get moving**. You will need: Yarn/string, straw, tape, a balloon.
 - Tie the string to a chair.
 - Thread the straw through the string, and then secure the string to a second chair. Add a piece of tape on the straw. You will need this tape to secure an inflated balloon.
 - Next you will need the balloon. For fun, draw a foot on the balloon. (You might need to blow up the balloon to draw on it.)
 - Blow up the balloon, but do not tie it. While it is full of air, tape it to the straw.
 - When you are ready, let go of the balloon and watch it GO!

2. **Earth creation with play dough.** Make green play dough together.

Green play dough

- ☐ 1 cup flour
- ☐ 1/2 cup salt
- ☐ 2 tsp. cream of tartar
- ☐ 1 cup water
- ☐ 1 tsp. vegetable oil
- ☐ Blue food coloring

Directions: Mix the dry ingredients in a saucepan. Add the wet ingredients. Turn on medium high heat and stir constantly. The liquid will become a solid. When it forms dough, take it off the heat and knead it. Be careful: It is very hot at first! Give it a chance to cool down.

You now have blue play dough and green play dough. Play with the two colors together. Mix them and create the earth. Make footprints and remember that you are called to GO into the world.



EXCURSION 3: Stretch your legs (games and play)

Option 1: Flat Jesus Challenge

Take a walk around your neighborhood. Bring Flat Jesus along with you. Go to the entrance of our neighborhood and take a picture of you and Flat Jesus with the “world outside your neighborhood” in the background. It might be hard to think that one day we will be participating in summer camps again, attend church in our building, take that vacation we were looking forward to or visit a friend. But we will. You will GO into the world and share Jesus’ love wherever it might take you.

Option 2: Play some games with your fishy beanbags.

Option 3: On your mark, get set, GO!

Do some races today. They can be races on your feet (running, hopping, skipping and obstacle courses) or get a bike or scooter out. Invite a sibling or a neighbor you have been safely playing with to join you.

Option 4: Play some of your favorite games from this week.



WHERE IN THE WORLD IS FLAT JESUS??



It's our last day to learn about a mission co-worker. Explore the website (presbyterianmission.org/ministries/mission-connections) to learn about one new person and finish your Where in the world is Flat Jesus? journal. Be ready to share with your church!



Travel buddy time

Connect with your travel buddy.

1. Ask your travel buddy to tell you about a teacher they remember and something they learned from that teacher that sticks with them today.
2. Find out if your travel buddy has traveled to a different country. Ask them to share with you where they went. Why did they go there? What did they learn about that country while they were there?
3. Did your travel buddy learn anything new from you this week? Ask them if they had an "aha!" as they talked to you this week.
4. Share with them your beautiful feet. Today your family picked one way you will "go" into the world and share the love of Jesus with others. Tell your travel buddy about it.
5. Play a game together. Did you have a favorite one this week?



Make your mark

Wow! You did an amazing job making your mark. I hope that you had fun exploring new ways to share the love of Jesus with people you know and people you didn't know! Our week of Staycation Bible School might be over, but you can continue to make your mark in so many ways. **Check in with your family and choose to do 3 more challenges this summer and continue to make your mark!**



OUR JOURNEY COMES TO CLOSE

Amazing! Your last day of Staycation Bible School has come to an end. Did you enjoy the journey? What have you learned along the way? Find a quiet spot to gather together as a family — but don't forget to bring Flat Jesus along!

- Light a candle to represent the light of Christ present with you.
- Share with each other a joy you had on your journey.
- Share with each other a "roadblock" you have had along the way.
- Share an "aha!" What is something new you learned?
- Sing a favorite "car tune" together.
- Pray using this closing benediction. You can say it together.

**We thank you, Jesus, for this day!
As we followed you along the way.
We will travel day and night,
To follow you and share your light!
Help us journey far and near,
To share God's love, with all who hear.
Amen.**

**AWESOME
ARE
YOUR
FEET...
THEY
GO
INTO
THE
WORLD!**

